

#### If I had never touched a mountain....

Could I imagine
Lacing up my boots
Strapping on my crampons
The knots
And the soft, crisp crunch
Of my axe in firm snow

Laying in the quiet of my bedroom Eyes closed Could I climb them all If I'd never been there?

As the clock spins
In the silence of the night
I hear the wind
Bending over rock and
ridge

That 50 degree slope where small balls of snow fall harmlessly past with a chatter and a clatter

I climbed beneath blue sky and grey Deep in the forest canopy And high upon lichen rock or Ice of shimmering blue

Out there And at night

My imagination
Would be coloured by
yesterday
decorated and adorned
Tonight
In this quiet suburban home
Deep below
the twilight of it all

Chris Ludwig BCMC President

## **CONTENTS**

- Featured Member
- Welcome New Members
- Season Highlights
- Upcoming Trips
- 07 In the Loop
- In the Community
- Fantastic Finds
- Submissions
- Board of Directors



# **Featured**

## Member

#### The Spiel:

I started hiking in my teens, mostly with my father around my hometown, Vancouver Island. Took a decade off, recently joined BCMC and it all escalated from there.

I made lots of friends at BCMC on my hikes. But pretty soon they were doing cool stuff and I wanted to know what the fun was all about.

I started taking mountaineering seriously when I got accepted for Winifred Swatschek's Intro to Mountaineering Course - a 3-week, very intense program. I've since done a couple of glacier trips and then tried backcountry skiing last year. Absolutely loved it. So much so, when I snapped my skis last week, a little bit of my heart snapped as well.

### What's your Best Horror story:

Weekend of Intro to Mountaineering, on our way to Motel 66 (Mount Joffre), we needed to camp overnight and we arrived later than expected. A storm was coming but we underestimated how swiftly we would be enveloped in. The wind was blowing without mercy and we were losing light very fast.

8 instructors and 15 students, side by side. No clue what we were doing.But we did it. There was not a choice to attend to our exhaustion or our thoughts. Just Build.Build Snow Kitchen.Build Snow walls.Etcetera. It was my first winter camping. I will never forget that.



Volunteer Coordinator for BCMC

PETER.

# **Featured**

## Member



David Egan (Continued)

#### **Lessons Learned:**

Skills are important but it all comes down to Tolerance. Accept the situation, surpass it and then you go build some more tolerance.

### How do you prepare yourself before a trip?

Research. Research and a healthy breakfast. Hey oh, off I go to the path less travelled.

### **Favourite Trip Snack:**

Reese's pieces ,full fat and protein but mostly I enjoy them. So much so, I can offer you a tip here - head to the baking section - much much cheaper.

### What's the least favourite part of your trip:

Driving home. Worst Part. I just want to be home.

### Any tips for aspiring mountaineers:

Learn as much as you can Don't be afraid to ask others for help.

#### **Best Advice Received:**

So many great advice but mostly Be calm, Don't panic. Be calm.

Let us keep an eye out for that mug "Keep Calm and Mountain on" for David.

# Welcome New Members

November 2020 - January 2021

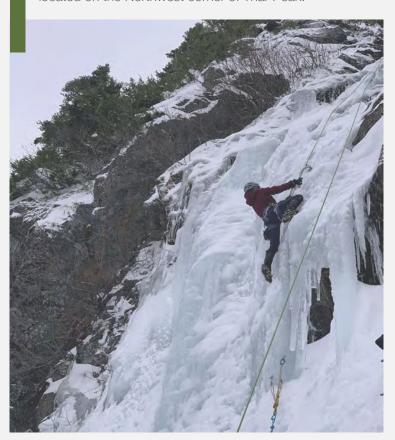
Click on the month to see our new members!
Would you like to be featured in our publication?
Reach out to us at info@bcmc.ca
We are always looking forward to getting to know our fantastic members

# Season Highlights

# Trip Snapshots

### Carolyn Steingard, BCMC Member

First time ice climber @Royal Canadian Kilted Yaksmen WI3 located on the Northwest corner of Thar Peak.





#### Zac Hoffman, Director Crux

The North Shore Student Special - Ski tour at sunrise, at my desk doing homework by 10:30 am"

Photo Credit @Geoff Hewat

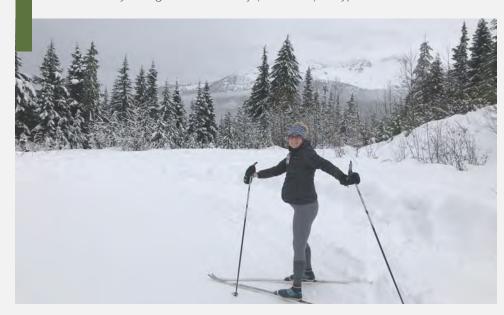


Paul Kubik, BCMC Cabins & Trails, Backcountry Advocacy

Ripping the slide path up July Creek @July Mountain

### Missy McIntosh, Director Beyond the Break

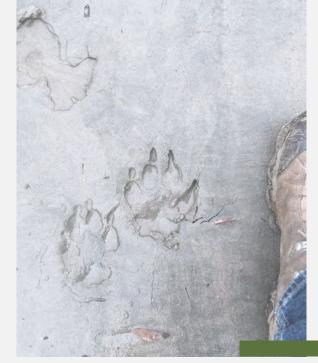
Cross country skiing with Mini Missy (7 months) @Cypress Mountain



Pirabalini, BCMC Editor

Hike Hair, Couldn't Care @Crooked Falls





### Dan Chalmers, Avid Hiker

"Got Wolf" @Squamish



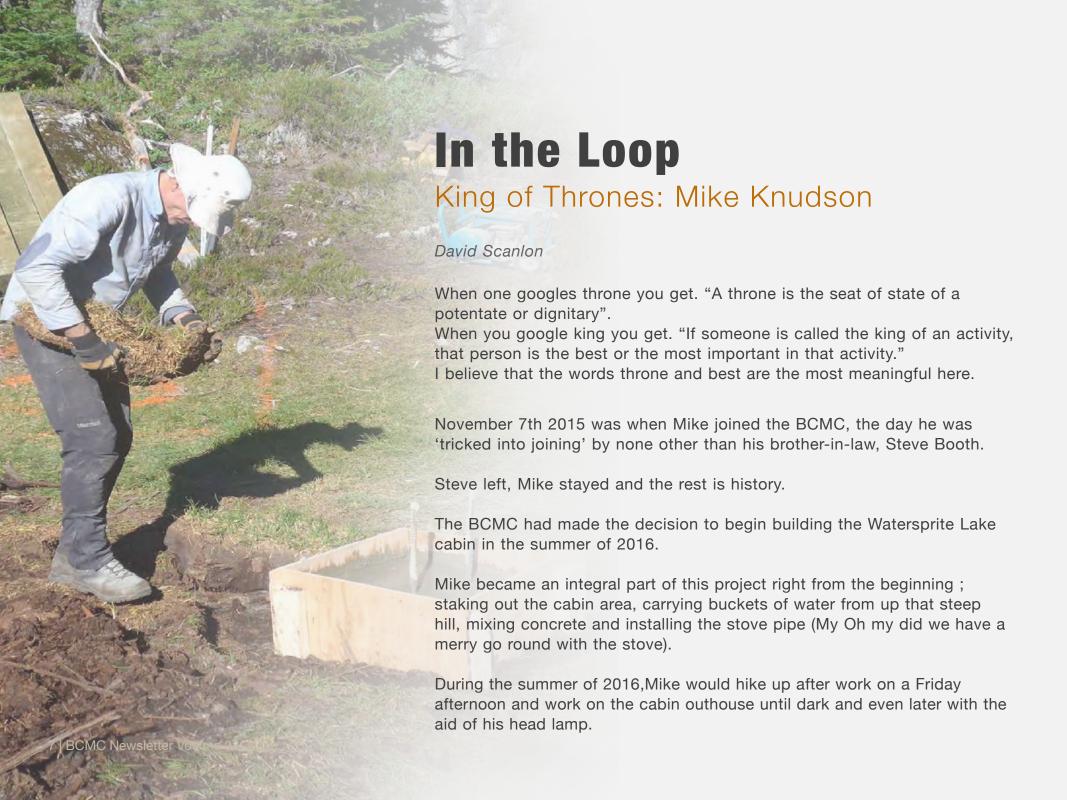
### **Cindy Huang, BCMC Editor**

Beautiful kind of cold, snowshoeing @Hollyburn Mountain

















I remember on Saturday mornings, I would wake up about 6 AM and be ever so guiet so as not to wake up Mike, unaware that he has already been up since 5AM and was already working on "his" outhouse" in the dark by his trustee headlamp.

He would work all day Saturday and all day Sunday then hike out in the dark. His work ethic was unbelievable.

I honestly cannot remember how Mike became to be the outhouse builder but as time went by the Watersprite cabin outhouse became his to own, the-go-to guy for upgrades and of course the cleaning of all 4 outhouses.

Shovelling out the 'waste' into barrels and then flown out to be emptied.

So here we are today, the BCMC owes Mike a huge debt of gratitude for what he has done, what he is still doing, and hopefully continues to do in the future.

There will come a time that Mike will retire (we all hope that it will not be any time soon) and I would have to pose the inevitable question,

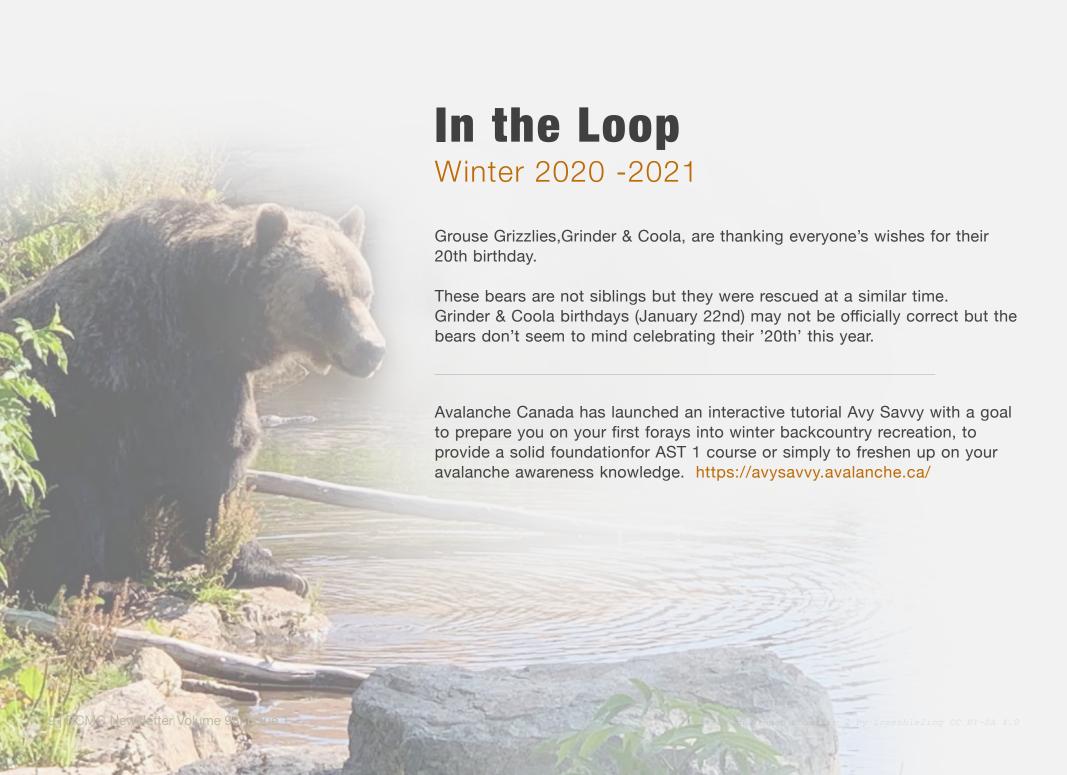
"Who would take over for him when he leaves?"

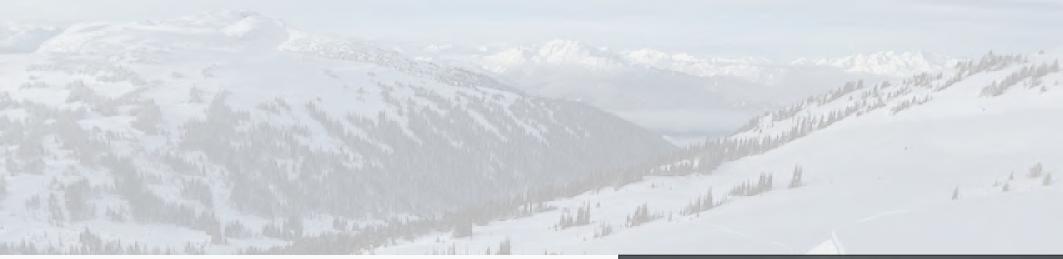
Regardless.

Here is my thanks and hats off to our very own, "King of Thrones" Mike Knudson.

On behalf of the BCMC, Thank you Mike.







# In the Community

## VIMFF 2021 Online

### **FEBRUARY 19 - 28**

BCMC has been a proud affiliate of VIMFF (Vancouver International Mountain film festival) since the very beginning.

VIMFF celebrates the outdoor adventure community and the mountain culture through film, photography and presentations.

Vimff runs an annual international 10-day festival, this year on February 19 2021- February 28 2021.

Click here to attend VIMFF with BCMC Member Promo Code



"Los Tres Amigos Juntos" Volunteering at the 2020 VIMFF Susanne Postil. David Scanlon. Terry Wong





## Crux

#### **Patagonia**

That's where this trio's circle intertwined, their workplace Patagonia. And that's where this story and friendship flourishes with Zac Hoffman(Director), Casey Dubois (Director) and Harvey (protagonist).

Advocating for Mental Health Awareness is a personal mission for Casey and Zac. Burning that midnight oil to make it through this hyper competitive world.

To find balance within one, is the key isn't it?

"We were blessed growing up in sports. Anytime we needed an outlet, we hit the mountains," Zac continues,

"So putting the love of filming, mountains and mental health advocacy became the pursuit of this project."

Blood, sweat and tears.

We had many hiccups.COVID did not help.

Harvey struggled a lot.

The isolation.

Separation from a soul's sanctuary can be bleak when one is on the road to recovery.

The sanctuary being with the mountains.

An uneasy scene flashes, "this is going to be ok", as Harvey traces a credit card across his lip.

### **Harvey Wright**

A Big guy. Big Beard. And a Lot of tattoos.

Zac says "very intimidating and I was very nervous when I had my first sit-down with him."

But Harvey is just this beautiful soul who is super real. He wears his heart on his sleeve.

Baring his vulnerabilities in front the duo and trusting to be filmed as he is.

His portrayal of emotions is what pushed Casey and Zac to get closer.

Climb just as hard as Harvey.

Climb just as high as Harvey. Those 'close-up shots'. "It was quite humbling to be able to tell his story," as Zac reflects.

Blood. Sweat and tears.

But no harm came to any filming equipments. Well at least not on this project.

"Casey did drop a lens once on another expedition," Zac piped up.

VIMFF 2021 Online
Crux | Canada
BCMC Promo Code





# In the Footsteps of our Ancestors

Nicholas Castel (Director) & Erinn Drage (Director, Producer) worked at Parks Canada.

They both have a background in Environmental Science.

Filming was his passion; Hiking was her forte.

"The rest was Happenstance", as Nicholas puts it elegantly.

Whilst exploring Canada's many national parks, they (Erinn & Nicholas) happen to show up in a small town, on a quest to learn more about the community through the residents and elders.

The founder of the Canol Youth Leadership Hike and Dene National Chief, Norman Yakeleya, happen to hear that 2 visitors are on the lookout for filming a documentary.

"Happenstance".

Not much is known about the Canol Heritage Trail except it is noted as one of the difficult hikes in Canada.

The history of the trail is rich, deep-rooted and one cannot get enough information online except in conversations with the Sahtú Dene elders.

Indigenous history has been set aside in favour of highlighting the western explorers in Canada.

However when venturing into the Canol Heritage Trail, the Shúhtagot'ıne mountains does not offer preferential treatment, "No matter the age/race/gender, the trail levelled a playing field for all of us,"explained Nicholas.

A common ground.

"As our journey continued, we needed to set our differences aside and we learned to rely on each other for support on this very challenging journey."

At night, they would gather and all agreed tiredly that fire was good ,hot meal was good.

A common appreciation for this luxury shared amongst each individual.

"We all appreciated the same thing and we were one."

Documenting 'In the Footsteps of our Ancestors' was all about bridging communications and trust amongst cultures. If we respect the knowledge passed down from our elders, acknowledge the different histories, accept and respect the land - we can be whole lot further on sustainability. This is the powerful message you will catch once you see a glimpse of 'In the Footsteps of our Ancestors'.

VIMFF 2021 Online
In the Footsteps of our Ancestors | Canada
BCMC Promo Code





## Wall of Shadows

Through time differences and the crackling sounds of facebook messenger, a soft and the most patient voice addressed this behind-the-scenes interview

And as you get to know the director, you'll catch glimpses of her foundation on her character.

Eliza Kubarska, director of Wall of Shadows, adamant about bringing awareness to the exploitation of tourism.

The equation of the first world wants vs third world needs.

Everyone wants to cross off their 'bucket list'.

At what cost?

The tragic accident in 2014 on top of Mt. Everest that resulted in an ice avalanche killing 16 Sherpas in the process, still stirs resentment amongst the families.

A mere \$400 dollars were compensated to the mourning families.

"The 'westerners' climb these mountains and instantly get fame and prosperous opportunities, all the while the Sherpas climb back down (numerous times)only to return to their huts and warm themselves up next to the fire. How is this right?" questions Eliza.

The director was immediately drawn to the other side of the story.

The untold side of the Sherpas.

The people in the shadows.

Mountains are regarded as holy in Nepal, where the Gods reside.

But tourism trumps an entire set of belief systems. And cold, hard cash still corners oneself into going against their core values.

"But I am hopeful for the future. There was a recent climb to K2 and it was done during the winter for the very first time. Every media coverage highlightedeach individual who took part in this journey, acknowledging accordingly (climbers and sherpas). This is a very empowering moment."

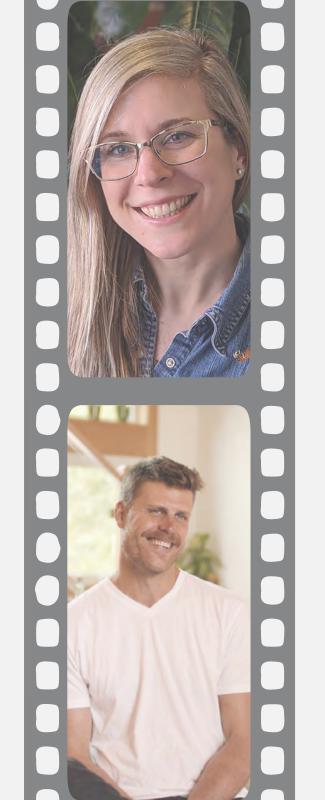
It's a bit of a controversial topic - this film puts us (audience) in the hot-seat.

Travel is very ingrained in our 'western' culture.

"I hope with this film, you'll be more mindful and respectful of all the people you encounter when travelling', Eliza concludes.

VIMFF 2021 Online
Wall of Shadows | Canada
BCMC Promo Code





## **Beyond the Break**

Missy McIntosh, director of Beyond the Break, is always looking to film short documentaries on interesting people.

Now, everyone's interesting.

But Sam Danniels is somewhat spectacular.

Sam Danniels, an athlete, suffered a spinal injury from a mountain bike accident in 2005.

But that doesn't stop Sam from being with his true love everyday - sports.

At times sports require equipment and Sam doesn't have the luxury to get any equipment catered to him.

So he decides to build instead.

He starts by building his very own surfboard.

"It took us 2 years to complete the project and no it didn't take Sam 2 years to make a board!" as Missy laughs.

"Sam takes 3 days to complete a surfboard."

"The minute I met him," as Missy remembers, "I knew a 5 min documentary wouldn't do justice. He's someone incredible."

With all the many stalls while filming, the crew was gung ho on completing the project 'right' no matter the length of time.

"There we were shooting, getting up close and personal, trying to grasp the world's beauty through the way Sam sees it. "

"I thought it would be weird to watch a movie about me "Sam comments to Missy.

"Getting the thumbs up from Sam was deeply fulfilling. I wouldn't be able to tell his story right without my awesome camera crew and my kick-ass editor Maxine Shewan." Missy is very thankful.

In Missy's spare time, she loves hiking the Baden Powell trail. Perhaps you'll run into her and be able to pitch your story? Perhaps.

VIMFF 2021 Online
Beyond the Break | Canada
BCMC Promo Code



# **FANTASTIC FINDS**

## Events & Membership Discounts

### **February**

Making History in the Adirondack Mountains: The 46 Unsupported Thru-Hike | SheJumps

Women Who Explore - What's in Your First Aid Kit? | Women Who Explore

Hug a Tree & Survive | BC AdventureSmart

Calling Women In | Winter Sports Athletes | SheJumps

A Climate Conscious Mountaineering Medic - My Personal Viewpoint | Jeremy Windsor

Winter Wildlife - Adventuring in Coyote, Fox & Wolf Country | Bear Safety & More Inc

Snow Safety Education: Backcountry | **BC AdventureSmart** 

OnTopic Lecture: Rocks: The Building Blocks of the Park | Mission Trails Regional Park Foundation

Calling Women In | Ski Patrol | SheJumps

24th Annual VIMFF Online | VIMFF

#### March

Laying Tracks | Winter Navigation: Using Topos to Identify Avalanche Terrain and Snowpack Development | Northwest Avalanche Center

Survive Outside Program | BC AdventureSmart

Snow Safety Education: Backcountry | **BC AdventureSmart** 



# **Your Story**

## Matters

The BC Mountaineering Club Newsletter is an official publication of the B.C. Mountaineering Club and is published four times per year. All material within this newsletter is copyright by the British Columbia Mountaineering Club or the respective owners.

#### **SUBMISSIONS**

We want you to write for us! Any submitted news, events, trip reports, letters relevant to the BCMC will be published unless the club executive decides otherwise.

For photos, high resolution is much appreciated. Submitted material may be edited for clarity or brevity, or for consistency with club policies. Opinions and comments expressed in this newsletter are not necessarily those of the BCMC.

#### SUBMIT YOUR CONTENT

editor@bcmc.ca
British Columbia Mountaineering Club
P.O. Box 20042
Vancouver, B.C., V5Z 0C1
info@bcmc.ca

For photos, high resolution is much appreciated. Submitted material may be edited for clarity or brevity, or for consistency with club policies.



# Board of Directors

**President** 

Chris Ludwig

**Past President** 

**David Scanlon** 

**Vice President** 

Susanne Postill

**Vice President** 

Terry Wong

Webmaster

Bill Maurer

Secretary

Glenn Woodsworth

**Socials Coordinator** 

Kathleen Cheng

**Marketing and Events** 

Gabrielle Burke

**Memberships & Volunteer Coordinator** 

David Egan

**Club Equipment Rentals** 

Winifred Swatschek

Cabins and Trails, Backcountry Advocacy

Paul Kubik

**Recreation & Conservation** 

Brian Wood

Club courses for skiing, climbing &

mountaineering

Oudina Cherfi

**Technical Trips Organizer** 

Wayne Pattern

**Club Camps Organizer** 

Brian Sheffield

Director

Rick Sheppard

# **Assistants for Executive Committee**

**Club Trips Assistant** 

Radmila Bridge

**Website Admin, Memberships** 

Paul Olynek

**Social Media Admin** 

Hanna Bystrom

**Library Custodian** 

Waldemar Jonsson

**Club Archivist** 

Michael Feller

**Senior Accountant** 

Louis Chan

**Mentorship & Succession Program** 

Shashiraj Shanbhag

**Courses Assistant for Guided Courses** 

Kevin Messier

**Contact Email Monitor** 

Brittany Zenger

Advisor

Anders Ourom

Bookkeeping

Jody Nguyen

**Socials Assistant** 

Eva Noel

**Club Discounts MEC Club Night** 

Bryant Lim

**Cabin Software Booking Agent** 

Anne Blossom

**Publications Editor** 

Cindy Huang

**Publications Editor** 

Pirabalini Balasingham

**Equipment Rental Software Booking Agent** 

Callum Armour