



For over 100 years we've been fuelled
by passionate volunteers who've kept
BCMC vibrant and exciting



#InternationalWomensMonth

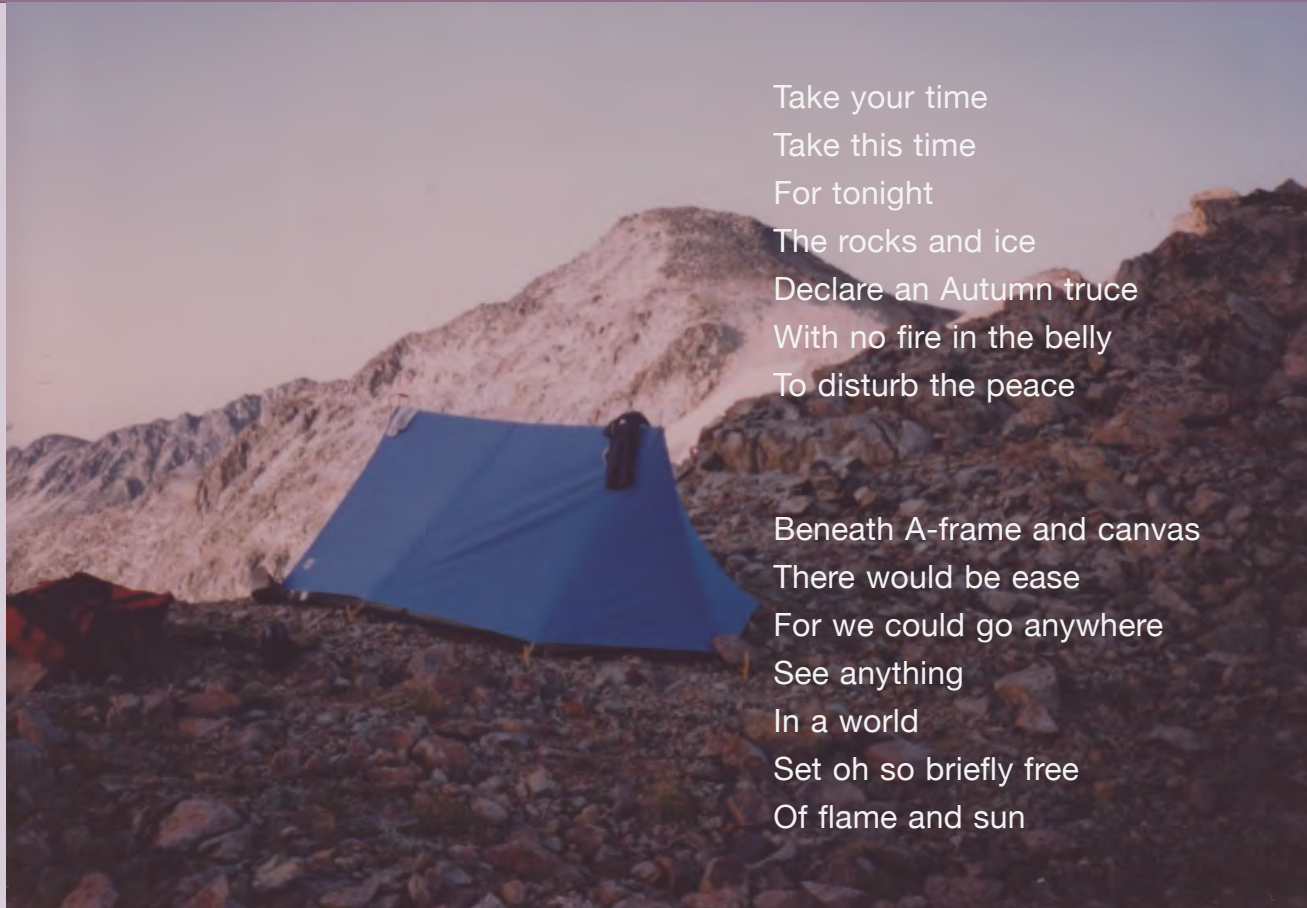
Newsletter 2021
Volume 98, Issue 2

All Would Shine

In the twilight of moons and dancing shadows
Surprisingly calm and mild
Stood that old blue tent
Packed bulky and awkward
On external frame pack
Saddled now
At rest between two peaks
One flat topped
The other shaped
As an arrowhead

Rotten and shattered
Two glaciers
One round in a pocket
The other with a lobe
Cast deep into the valley below

And as the darkness flexed its will
The night sky would not yield
As those two small tarns held the light
Of stars, nebulae, and galaxies
All would show
And all would shine
In this obscuration of brilliant blackness



Take your time
Take this time
For tonight
The rocks and ice
Declare an Autumn truce
With no fire in the belly
To disturb the peace

Beneath A-frame and canvas
There would be ease
For we could go anywhere
See anything
In a world
Set oh so briefly free
Of flame and sun

- Chris Ludwig 2021

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Featured Member



Michelle Campbell : Backcountry skiing, hiking, scrambling, backpacking, mountaineering

The Spiel

I've been with the BCMC since 2017. I started off with just wanting to be able to hike more than I had previously and wanting to learn to ski. The friendships I've made and experiences I've had so far are priceless. Taking an introductory mountaineering course in 2018 that Winifred Swatschek led with an amazing group of mountaineering mentors in 2018 stimulated my desire to experience more.

Featured

Member

What's your Best Horror story

Wearing too new and too small mountaineering boots and the frightening state of my toenails by the time I reached the parking area at the end of my first trip up Mount Baker.

Lessons Learned

Try out all new gear before you need it for a big trip.

How do you prepare yourself before a trip

Try to make sure I'm physically rested. Discuss trip plans with my group to try and ensure we are all having similar expectations.

Favourite Trip Snack

Lately, that would be a Mars bar

What's the least favourite part of your trip

The never-ending FSR trudge at the end of too many BC trips and driving home sleep deprived come to mind

Any tips for aspiring mountaineers

Make sure you've got all of your gear with you (say, for example, ski boots, your lunch, etc.) before you leave home. Oh, and make sure you have a spare set of keys in case you lock them and your essentials in your car just as you are about to set off at the trailhead.

Best Advice Received

When wondering out loud how I was going to get back down something I was in the process of climbing up, I was given the advice "that's a problem for later"... turns out often things aren't as scary as they look with a change in perspective.



Welcome New Members

January - March 2021

1865

An article in "Should Women climb Snow Mountains" appeared on Women at Home Magazine.

1898

Charles Dickens, "We shall be told that 'mountaineering' is a manly exercise. It is so, inasmuch as it is unwomanly."

Photo courtesy of the Whyte Museum of the Canadian Rockies

1900

Henrietta L. Tuzo Wilson was known as a mountaineer in her youth. Dared to climb peaks where others had not, she participated in a first ascent in the Valley of the Ten Peaks that is now named after her, Mount Tuzo.

Mary Vaux, 50 years old, standing by the Illecillewaet Glacier on Rogers Pass, was wearing full, heavy skirts, a high-collared white shirt and a full-brimmed hat. Mary became the first person in North America to study glacial recession which solidified her role as one of the few women at that time who were

breaking gender barriers in both the science and mountaineering worlds. She was also the first woman to reach a peak over 3,000 metres (10,000 feet, Mount Stephen) in Canada.

1906

Elizabeth Fulton Parker is the co-founder of Alpine Club of Canada and ensured to create a culture that made it possible for women to be members of the mountaineering society.

1907

The Alpine Club of Canada shared the following about wearing skirts for mountaineering: "No lady climbing, who wears skirts, will be allowed to take a place on a rope, as they are a distinct source of danger to the entire party. Knickerbockers or bloomers with puttees or gaiters and a sweater will be found serviceable and safe."

1923

Isabel Coursier, a ski-jumper, became the only woman on the jump that year to compete unassisted. The women went on the same ski jumps as men and they often went as "glider girls," taking off while holding hands with a male partner—a trick that seems more dangerous than going solo.

1924

Phyllis Munday became the first woman to reach the summit of Mount Robson, the highest peak in the Canadian Rockies. She was known for outpacing her male counterparts and for carrying heavier loads.

WOMXN Scaling BC Mountains

A brief BC history

Emmie Brooks on Gentian Ridge,
Garibaldi Park, near Black Tusk

*Photo courtesy of the
Whistler Museum*

1928

1933

Georgia Engelhart, Catharine Whyte,
and unidentified woman. Skyline Trail
Hikers of the Canadian Rockies,
Photo courtesy Whyte Museum of
the Canadian Rockies

*Photo Courtesy Canadian Pacific
Railway Archives*

Georgia Engelhard, 1931

1960

Esther Kafer a legendary Canadian
mountain climber with over 500
mountains ascent including Mount
Kilimanjaro at age 84

2012

Alice Purdey was one of Canada's leading climbers with
her first ascents of many of Squamish routes, like Echelon,
Colon and Triptoe. Alice was amongst the first climbing
technical rock routes in Canada.

WOMXN Scaling BC Mountains

A brief BC history

WOMXN Scaling BC Mountains

Mountain Biker



Elladee Brown

Dictionary definition of ser·en·dip·i·tous ; adj.

- occurring or discovered by chance in a happy or beneficial way.”
a serendipitous encounter”
- **Elladee Brown’s Life Motto**

As a little girl, Elladee always knew she wanted to be a pro athlete. “I assumed it would be in baseball or hockey, 2 sports which were close to my heart.”

But venturing out into those two sports seemed discouraging for a female back then, when it was very much a male-dominated sport.

“But No regrets, look what straying away from that path has led me to!” Mountain Biking. A serendipitous dream.

“I started out mountain biking when it was a fringe sport, 30 years ago. I was a kid in grade 10 who one day took my mom’s bike and started riding up and down on our beloved Whistler mountains. I was hooked on the exhilarating rush and the challenges of Mother Nature’s trails.”

“I had all these women mentoring me and paving the way for me with this sport.”

“While the women were protesting for equal prize money as to the men’s compensation, I was fiercely shielded by that disruption from my mentors and I was really blessed to be able to focus on this sport solely without any major struggles.”

“Next thing I knew, I was competing with US Specialized Bikes, I was biking and travelling all around the world!”

Elladee Brown (Continued)

After 3 decades and still counting, the love affair with mountain biking remains unwavering.

“Some ways it had progressed and some ways regressed,” as Elladee mused when asked on how far the mountain biking community has come along.

The age of social media became hyperaware on exploiting the sport with sexuality rather than applauding for one's skill.

However ,nowadays the sport has grown many legs that one could lean into ; coaching, free riding ,downhill and the list goes on.

“Whatever field you lean into or whatever you do, do it because you love it. Forget the rest.

You don't have to be good at it, girl or boy, just keep at it ,trust the journey and the rest will line up serendipitously.”

“I look forward to the day where one can hear on the trails, ‘Hey! You're a really good rider,’ as opposed to ‘you're good rider for a girl.’ We all get treated the same and respected for on our own individual skill and nothing else.

You can find Elladee roaming this ‘incredible city’ (as she lovingly puts it) with the wind in her fiery red hair and on her two sets of wheels - zoom zoom baby.

Check out Elladee Adventures [here](#)

Elladee Brown being featured in
“Thrill Seekers : 15 Remarkable Women in Extreme Sports”
by Ann McCallum Staats, book launch March 18 2021



elladee17



elladeebrown

WOMXN Scaling BC Mountains

XC Skier & Trail Runner

Magi Scallion was “forced into cross country skiing and running due to my very active parents,” as she laughs at that statement.

Understatement for a gal who was pushed into sport but went on to represent Canada internationally in both mountain running and cross country skiing.

“I can’t get enough of being outdoors.”

“And don’t ask me to choose which of these two sports I prefer over the other,” Magi laughs again ‘that is like asking which one is your favourite child!

I love the variety and I need the balance of what both sports offers me.”

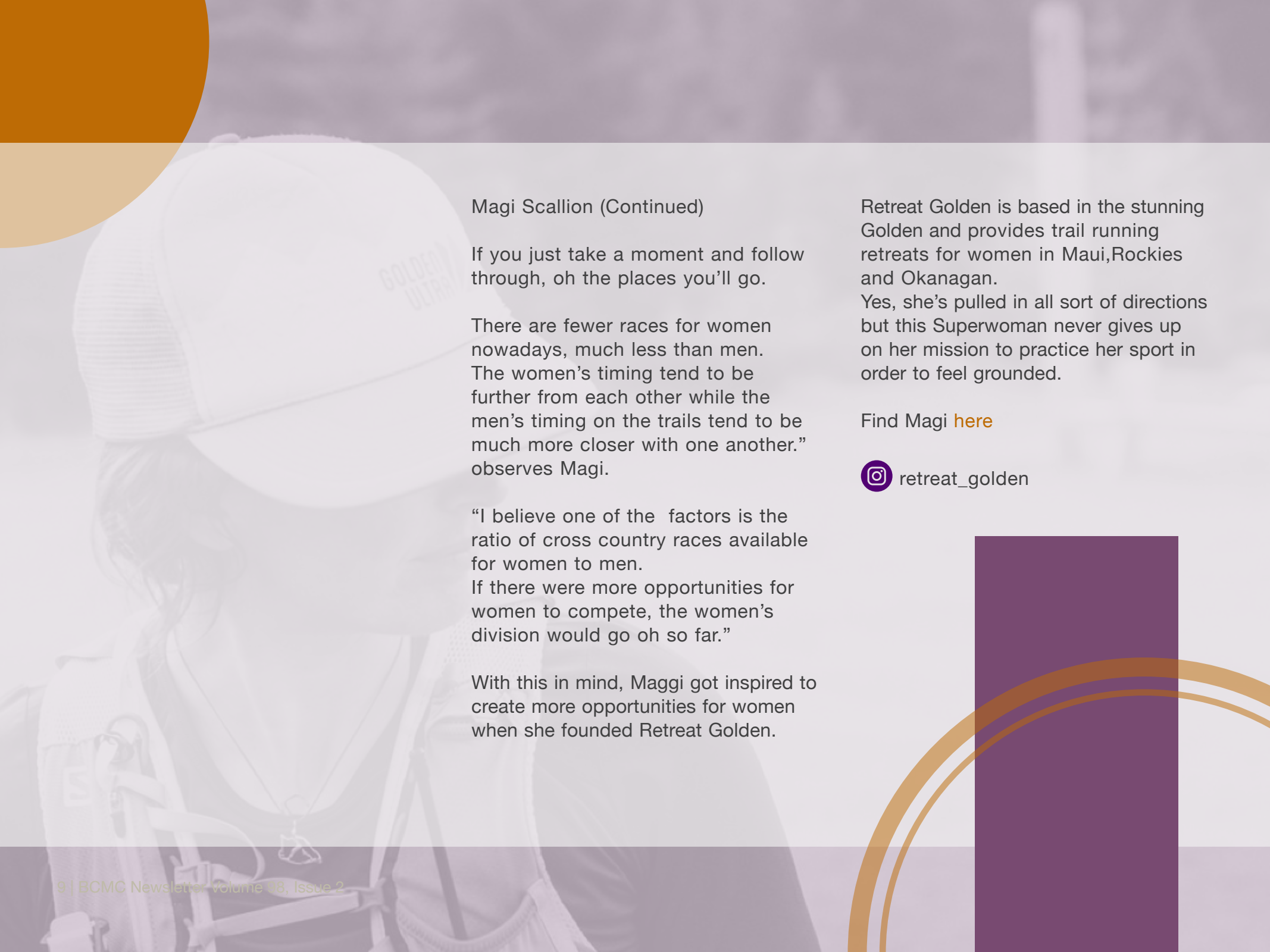
Growing up, cross country skiing was a very friendly genre amongst men and women.

“I was always involved professionally in women’s teams with strong core values. That support system was pivotal. I wish younger girls were able to experience that sort of support and guidance nowadays,” as she wistfully sighs. Perhaps then younger girls wouldn’t succumb to social pressure of looking a certain way/pressured to attend to social demands and drop out of sports as they get older.

“Don’t give up, it is so easy to give up and not practice or follow through because you are too busy and you’re dealing with external demands that is not yours.”



Magi Scallion



Magi Scallion (Continued)

If you just take a moment and follow through, oh the places you'll go.

There are fewer races for women nowadays, much less than men. The women's timing tend to be further from each other while the men's timing on the trails tend to be much more closer with one another." observes Magi.


"I believe one of the factors is the ratio of cross country races available for women to men. If there were more opportunities for women to compete, the women's division would go oh so far."

With this in mind, Maggi got inspired to create more opportunities for women when she founded Retreat Golden.

Retreat Golden is based in the stunning Golden and provides trail running retreats for women in Maui, Rockies and Okanagan.

Yes, she's pulled in all sort of directions but this Superwoman never gives up on her mission to practice her sport in order to feel grounded.

Find Magi [here](#)

 [retreat_golden](#)

WOMXN Scaling BC Mountains Mountain Biker



There are times in one's life, when one is lucky in crossing paths with a great teacher.

They wholeheartedly live with the mission of passing their knowledge and wisdom to inspire budding students.

That is Kelli with an i.

Kelli Sherbinin.

“I started mountains biking in my early twenties, a bit later than most my peers. It is never too late to start,” Kelli reminds everyone of this motto.

“I’m from the Kootenays and bikes were the most accessible way to travel around.

Majority of the girls rode mountain bikes all throughout town and it was second nature for everyone.

Thankfully, when I began participating in this sport, my age/gender/ experience never factored in.

I didn’t know any different.

I just wanted to hang out with the girls, do what they were doing.

Next thing I knew, I was competing all these amazing races.

I became a big advocacy for this sport.”

“Mountain Biking became my religion,” as she chuckles.

“I learn something new about myself every time I ride.

I would find these epiphanies when I tackle a trail.

My mind would be a bit crisper.

I would gain a little bit of wider perspective on how to go on about things.

It expands your horizons.”

Kelli Sherbinin (Continued)

When Kelli moved to Vancouver in 2004, she found the mountain biking scene consisted of 80% boys and 20% of girls, who rode sometimes. “I missed the sisterhood terribly,” she remarked.

“So, I co founded Endless Biking to give more opportunities to ride for all sorts of riders and to create a welcoming atmosphere. We’ll be celebrating 17 years in North Vancouver since we’ve introduced ourselves to the community.”

“Everyone should at least try mountain biking.

It’s quite humbling to see a student succeed when they thought they never could in a million of years.

Forget about apologizing and the ridiculous barriers we tend to put up and over apologize when we fail before trying.

Just give it an honest try. Whether you think you can or can’t you are right,” spoken like a true guru.

Say hello to [Kelli at Endless Biking](#)



endlessbiking



endlessbiking

WOMXN Scaling BC Mountains

Alpine Skier

**Her laser fierce focus addresses the mountain respectfully.
The calculated waltz drawn ahead, in her mind.**

The line.

Left bend. Her skis sparks snow.

Figure Eights.

Right bend. Her pole pierces snow.

You can witness Christina Lustenberger's movements in her 2 upcoming with Teton Gravity Research films.

Christina is a professional skier, with 10 World Cup results under her belt and competed in the 2006 Winter Olympic Games.

"Becoming a certified ski guide with the Association of Canadian Mountain Guides was such an easy, exciting transition," she explains happily. Constant high performances from an individual was required from the competitive ski world.

"This transition meant I was free to express myself in the mountains. Free to ride the many slopes."

"How did we get so fortunate," she asks dreamily "to have a lifetime of mountains to discover in our very own backyard?"

A disciplined athlete ,a gentle soul of few comments but she paints lavishly with words when she speaks of the mountains.



Christina Lustenberger

Christina Lustenberger (Continued)

The scene in Revelstoke, where Christina now calls home, grew rapidly the last 5 years for women. “Revelstoke is recognized as a ski hub city.”

Many professional athletes reside here.

The ski scene exploded with passion and vast knowledge passed from professional athletes to the recreational groups.

The interest to ski became much more accessible and supported for groups of women.

“There’s not just one woman partaking in a group, rather you’ll spot a group women just doing their thing in backcountry skiing.”

Her voices beams at this observation. She does indeed have a soft spot for

teaching women on how to ski, “Women brings a certain elegance to skiing.

A unique mindset on how to ride the mountains. A methodical elegance and I just want to nurture that female intuition.”

Christina started working with Color the Trails (A recognized BIPOC association involved in the outdoor activities) as of this year.

“I hope in the future, everything gets so normalized (no discrimination) and

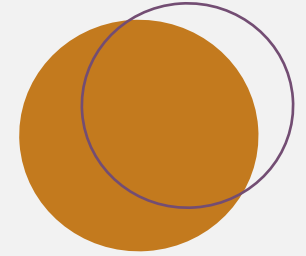
we can all rides the mountains the way we were meant to be, before we ‘grew up’ you know? Ski like they way we used to be - filled with wonder and innocence.”



christinalusti

In the Loop

Los Tres Amigos Juntos



David Scanlon

It was in the summer of 2017 when on a 'Watersprite Trail clearing trip' that Susanne Postill, Terry Wong and I met.

During the course of the day, I was impressed with the duo's work ethics. There was a 'Club North Creek trail clearing trip' coming up and I then asked them what they thought about "helicoptering into a remote cabin for a week and doing some trail clearing work there?" "Yes!", as they both gleefully answered.

That week at the cabin was a lot of fun and hard work. Work is fun when the people you are working with make it so. Afterwards we embarked on many adventures together.

Since 2017, we have ended up sharing ideals and passions for the outdoors.

But what's most pivotal to me, is that they have taken ownership of Watersprite Lake Cabin.



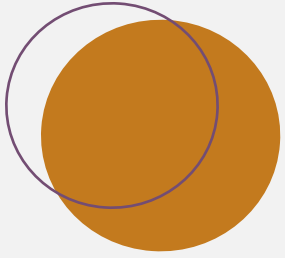
Susanne and Terry are tremendous assets to our club. They attend to tasks such as shovelling, cleaning, painting, trail work, changing the sanitizers, greeting the guests in order to keep the Watersprite Lake Cabin in good condition. The tenting area is another place that we take care of.

If events go ahead as planned by the province, RSTBC will be declaring the area around the lake, mountains, upper Crawford creek to be made into a provincial recreation site by next summer.

If that proposal is successful, BCMC will be responsible for the tenting area. Our club will have the opportunity for funding in order to cover the expenses of enforcement officers come and be able to charge a fee for the tenting pads.

If any funds are received, it would go directly to cover repairs, flying out waste, trail repair, paying for custodians etc. The club will be looking for many more hut custodians for next summer, if everything goes as planned.

So here is a picture of the tres amigos in our official custodian uniforms at the cabin last summer.



In the Loop

CRF Program

Are you interested in partaking in any of the BCMC in-house courses OR any of the Professionally taught courses such as:

- Intro to Sport Climbing
- Haul Systems
- Avalanche Skills Training (AST) 1 and 2
- Wilderness First Aid (2-day, 4-day)
- Glacier Travel & Crevasse Rescue (summer and winter)
- Rock Rescue /Mountain Weather and Navigation

Did you know you may be eligible for 25%- 50% of the reimbursement if you:

- have successfully organized 4 BCMC trips, or were the secondary (or co-organizer) on any BCMC course in the previous 12 months are eligible for a 25% reimbursement.
- were the primary instructor of any BCMC course in the previous 12 months are eligible for a 50% reimbursement for any MRI course. Members who are secondary instructors (or co-organizers) may apply for a 50% reimbursement upon recommendation of the primary instructor.

Applications Periods and cutoff dates for the CRF Program are May 1st and October 1st.

Applications for the CRF should be made by first contacting **Oudi Cherfi** Club Courses for Skiing, Climbing, Mountaineering by emailing courses@bcmc.ca

For Full details, please read the **BCMC Policy Manual**, Section 23.1

Here are the BCMC upcoming in-house courses and the upcoming Professionally taught courses.



In memory of our fellow mountaineer,

Robert Coupe

"I am well again

I came to life in the cool winds
and the crystal waters of the mountains."



- John Muir

In the Community

Art & Culture

Feeling blue today,
Just another day
Aches and pains galore
Don't know what to do?
My feet get further away,
Hard to reach them
No way again today.
Stiff and sore
Can't bend like I used to do any more.
The glory days are gone.
What to do today?
Easy to get down
Easier just to do.
What?
Remember the past?
Live in the past?
Meditate? Vegitate? Regurgitate old memories.
Old friends?
So sad that when the body gives out.
No can do any more.
Every part is so very sore.
Past acquaintances fade away.
They have their own things to do today.
I can't share any more.
The Aches and pains won't go away.
Time!

Marches on.
It doesn't wait for anyone!
So here I am today
I can't play with you today.
So I do what I can do.
Try to share my memories with you.
Can I help?
Can I still be productive?
I will try.
The body is wearing out
The legs are weak.
What is left.
I'll try.
To share,
To help, to advise.
Keeping to myself the thought that
Is my advice out of date?
Am I living in the past?
My most trusting friends
Most honest friends.
I trust.

Will always be honest with me.
Friends.
Honesty.
Caring people.
All else fades if we have just 1 true.
True.
Friend.
I am blessed to have more than just that one.
So.
Onward.
Helping if I can.

- David Scanlon





Recognizing Yourself in the Rockies,
Did you...
Perhaps,
Perhaps.

Give me your Shattered heart.
Alluringly,
Says She.

Your Shattered pieces,
Leave it to Me.
Asks She,
Hungrily.

I will use your Coeur brisé,
Your Shattered pieces
And Mount Myself.

Ladders.
Laddering us.
She mirrored,
Mirroring you.
She mirrored I.
All of our pieces.

Such complex beauty
Stone cold. Hardened.
She has created.

You will recognize me,
She grew.
You are in me,
Says She.

- Pirabalini

In the Community

Art & Culture

Season Highlights

Trip Snapshots



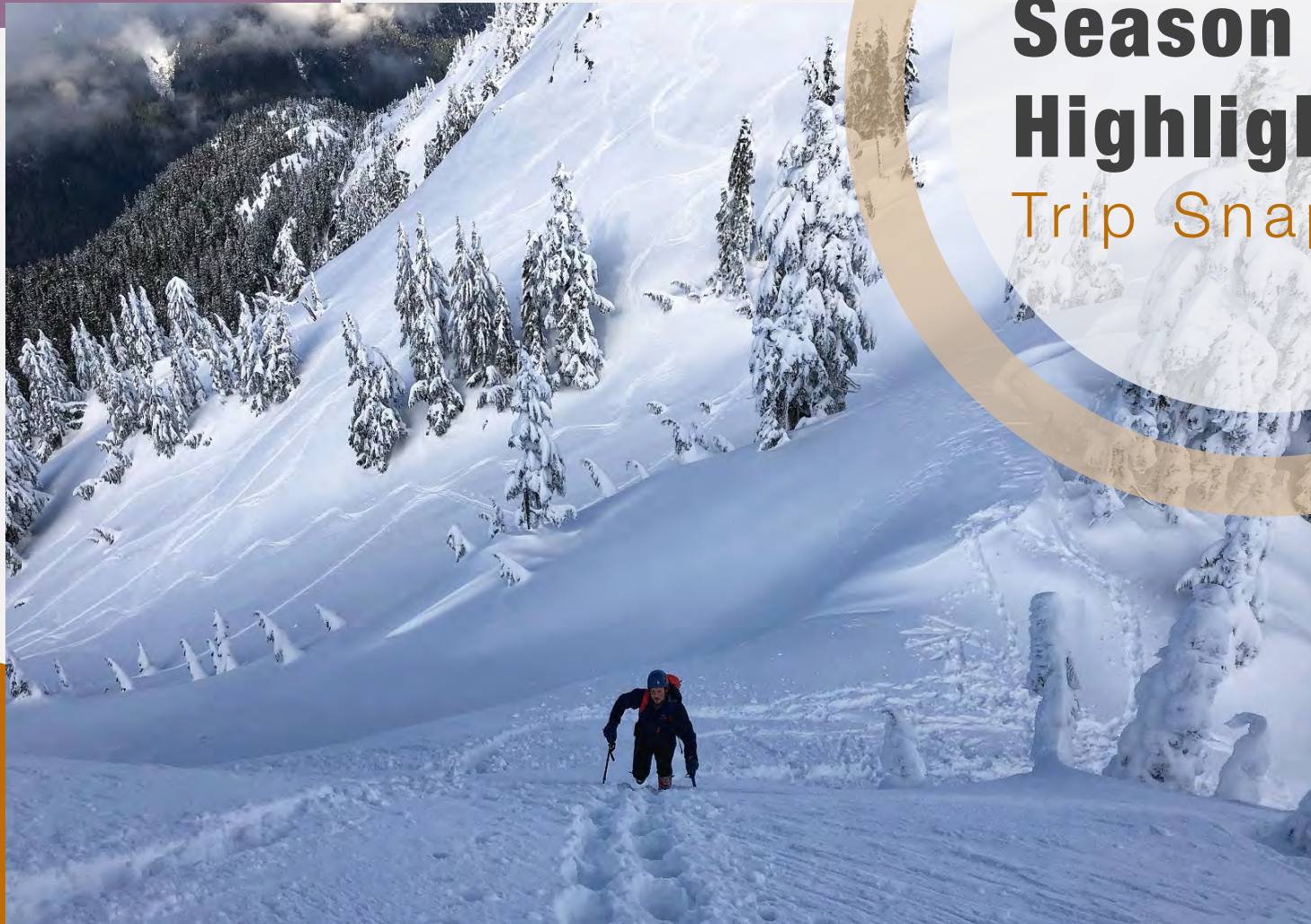
“I had hiked to Mount Seymour a couple of times over the last few years, but the hike in February was the best one so far. Having done AST-1 recently, I had a better appreciation for the terrain and had an opportunity to use these skills on our hike. The traverse on our way to Mount Seymour and the direct climb up the North Slope of Time Jones Peak made for an interesting experience. Read more about this trip with Scott Benoit [here](#).”

@ Mount Seymour

Passage and Photo Credits : Shashi Shanbhag

Season Highlights

Trip Snapshots



Scott Benoit @ Mount Seymour
Photo Credits : Shashi Shanbhag

“Belly Laughs”

Representing Women Ski and Tea Society, Wilma Fuchs (left) and Kim Brand (right)

@Garibaldi Park

Photo Credits : Elladee Brown



Season Highlights

Trip Snapshots

Upcoming Events

March-June 2021



MARCH

APRIL

MAY

JUNE

17 Snow Safety Education
Backcountry
BC AdventureSmart

20 Avalanche Skills Training 2
Splitweekend
MSAA

24 Hug a Tree & Survive
BC AdventureSmart

27 I've got a wedgie
Jim Nosella

07 14 day Workout &
Stretch Program
Jordan Gorgounis

24 Summer Crevasse Rescue &
Glacier Travel
Squamish
MSAA

08 Intro to Outdoor Rock Climbing
Squamish
MSAA

09 Intro to Trad Climbing
Squamish
MSAA

10 Denali West Buttress
(PENDING C19)
Philippe Lambrette

20 Outdoor Educator Training
BC AdventureSmart

22 Intro to Basic Mountaineering
MSAA

12 Intro to Multi-Pitch Climbing
Squamish
MSAA

13 Rock Rescue
Squamish
MSAA

MORE INFO >



Fantastic Finds

Member Perks



Special Private Club Nights

10% OFF



All Day Passes & Memberships

10% OFF



All Day Passes & Memberships

10% OFF



Rock Climbing Shoe & Hiking Boot Full Resole

10% OFF



THULE, YAKIMA Products

10% OFF



Rock Climbing Shoe & Hiking Boot Full Resole

10% OFF



Happy Yak Products

10% OFF



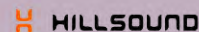
Sea-to-Sky-Gondola

15% OFF



Canada West Mountain School

10-20% OFF



Hillsound's products

20% OFF



STRÜB Land & Sea Activewear

20% OFF



Richmond Olympic Oval Climbing

20% OFF



Cypress Mountain Resort

20-35% OFF



Canadian Rockies Annual

25% OFF



Business Plan Signup

UP to 32% OFF



US Premier Climbing Magazine

40% OFF



Gripped Magazine

70% OFF



Premium Membership

3 Months Free

Note: All discounts are subject to change without notice. The merchant has final say on its discount program

NEW: As a Frequent Trip Organizer(1) you can participate in the BCMC’s “PRO Discount Program” with discounts of up to 50% on major brands. Must show BCMC PRO-Card for discounts below:

			
BCMC PRO Discount	BCMC PRO Discount	BCMC PRO Discount	BCMC PRO Discount
50% OFF	40% OFF	50% OFF	15% OFF

		
BCMC PRO Discount	BCMC PRO Discount	BCMC PRO Discount
25-50% OFF	35-50% OFF	50% OFF

Any Member who organized 4 qualifying club trips during the past 12 months can apply for the BCMC “PRO Discount” Program
Apply with the BCMC Marketing Team for your Pro-Discount

Your Story

Matters

The BC Mountaineering Club Newsletter is an official publication of the B.C. Mountaineering Club and is published four times per year. All material within this newsletter is copyright by the British Columbia Mountaineering Club or the respective owners.

SUBMISSIONS

We want you to write for us! Any submitted news, events, trip reports, letters relevant to the BCMC will be published unless the club executive decides otherwise.

For photos, high resolution is much appreciated. Submitted material may be edited for clarity or brevity, or for consistency with club policies. Opinions and comments expressed in this newsletter are not necessarily those of the BCMC.

SUBMIT YOUR CONTENT

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